

HOW TO SPOT **MISUSE** OF PRESCRIPTION PAINKILLERS IN THE WORKPLACE



Physical signs of narcotic and opioid prescription painkiller addiction may include:

- Noticeable elation/euphoria
- Marked sedation/drowsiness
- Confusion
- Constricted pupils
- Slowed breathing
- Intermittent nodding off or loss of consciousness
- Constipation

Other signs may include:

- Shifting or dramatically changing moods
- Social withdrawal/isolation
- Consistently late for work or increase in absences
- Loss of control over medication use
- Building tolerance and steadily needing more of the drug to feel its effects
- Taking medication for other reasons besides pain, such as when depressed
- Taking medication that was prescribed for another person

If you are concerned about an employee or a co-worker, GET HELP! Talk with your supervisor or human resources professional. For more information, visit DoseOfReality.Texas.gov



DOSE OF REALITY
PREVENT PRESCRIPTION PAINKILLER MISUSE IN TEXAS.

Learn more at:

DoseOfReality.Texas.gov

A message from Office of the Texas Attorney General, Texas Health and Human Services, and the Texas Department of State Health Services.



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